



January 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
				1-Jan	2-Jan	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast					1% Milk, Grapes, Bagel, Cr. Cheese	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack					Oranges, Wheat Thins	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch				CLOSED	1% Milk, Turkey & Cheese Sand.	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
PM Snack					Corn, Grapes	Alternates	1/2 Sv	1/2 Sv	1 Sv
					Mozzarella Sticks, Apple Jce	Cereal or	1/2 cu	1/3 cu	3/4 cu
	Monday	Tuesday	Wednesday	Thursday	Friday	AM Snack			
	5-Jan	6-Jan	7-Jan	8-Jan	9-Jan	Milk	1/4 Cu	1/4 cu	1/2 Cu
Breakfast	Milk, Apples, Breakfast Bar	Milk, French Tst, Peaches	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Juice, Veggie	1/2 Cu	1/2 cu	3/4 Cu
AM Snack	Bananas, Animal Crackers	Strawberries, Yogurt	Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Yogurt	1/2 oz	1/2 oz	1 oz
Lunch	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Hamburger Taco Bake	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Bread	1/2 Sl	1/2 Sl	1 Sl
	Fresh Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Carrots, Pineapple, Corn Chips	Egg Noodles, Mixed Vegies	Orange Slices, Enr. Roll	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
PM Snack	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Lunch			
						Milk	1/2 Cp	3-4 Cp	1 Cp
	Monday	Tuesday	Wednesday	Thursday	Friday	Meat	1 Oz	1 1/2 Oz	2 Oz
	12-Jan	13-Jan	14-Jan	15-Jan	16-Jan	Bread	1/2 Sl	1/2 Sl	1 Slice
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Pasta, Rice, N	1/4 Cu	1/4 Cu	1/2 Cu
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Apple Slices, Yogurt	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Chicken Strips, Enr. Bread	Milk, Beef Bologna, Am. Cheese	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes	Milk, Ex Cheese Pizza, French Fries	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
	Green Beans, Applesauce	Enr. Bread, Corn, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Apples	PM Snack			
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Veggie or Fru	1/2 Cu	1/2 cu	3/4 Cu
	Monday	Tuesday	Wednesday	Thursday	Friday	Protein Altern	1/2 Cu	1/2 cu	1 Oz
	19-Jan	20-Jan	21-Jan	22-Jan	23-Jan	Bread Alternat	0.5	0.5	1
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana				
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers				
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Turkey Slices, Enr. Brd	Milk, Chicken Nuggets, Enr. Roll				
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Cooked Carrots, Applesauce	French Fries, Mixed Vegies, Orange Slices				
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers				
	Monday	Tuesday	Wednesday	Thursday	Friday				
	26-Jan	27-Jan	28-Jan	29-Jan	30-Jan				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Banana, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Enr Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese Sand.	Milk, Beef Hot Dogs, Enr. Bun	Milk, Baked Chicken, Green Beans				
	Pineapple, Milk	Green Beans, Enr. Bread, Milk	Broccoli, Pineapple, Enr. Brd	Mixed Veggies, Apples	Apple Slices, Enr. Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				

Serve Whole Milk to Age 2 & Under. Milk Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12). Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits

Psalm 52:9 I will praise You forever, because You have done it; And in the presence of Your saints I will wait on Your name, for it is good



February 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
	3-Feb	4-Feb	5-Feb	6-Feb	7-Feb	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast	Milk, Apples, Breakfast Bar	Milk, French Tst, Peaches	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack	Bananas, Animal Crackers	Strawberries, Yogurt	Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Hamburger, Salad Mix Fruit, Spaghetti	Milk, Roast Chicken, Grn. Beans Apple Sauce, Enr. Bread	Milk, Hamburger Taco Bake Carrots, Pineapple, Corn Chips	Milk, Meatballs, Peaches Egg Noodles, Mixed Vegies	Milk, Fish Sticks, Tater Tots Orange Slices, Enr. Roll	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
PM Snack	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	10-Feb	11-Feb	12-Feb	13-Feb	14-Feb	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco Lettuce, Tomato, Applesauce	Milk, Beef Lasagna, Mix. Cheeses Salad, Peaches	Milk, Homemade Mac & Cheese Green Beans, Fresh Mixed Fruit	Milk, Hamburger (Sloppy Joes) Tater Tots, Oranges, Enr. Roll	Milk, Ex Cheese Pizza, Carrots, Applesauce	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Lunch			
						Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
						Bread	1/2 Sl	1/2 Sl	1 Slice
	Monday	Tuesday	Wednesday	Thursday	Friday	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu
	17-Feb	18-Feb	19-Feb	20-Feb	21-Feb	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	PM Snack			
Lunch	Milk, Beef Meatballs, Broccoli Egg Noodles, Pineapple	Milk, Baked Chicken, Rice Cooked Frozen Peas, Peaches	Milk, Hamburger, Spaghetti Green Beans, Grapes	Beef Nachos, Cheese, Corn Chips Lettuce, Tomato, Oranges, Milk	Milk, Chicken Nuggets, Enr. Brd French Fries, Mixed Vegies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
						Bread Alternate	0.5	0.5	1
	Monday	Tuesday	Wednesday	Thursday	Friday				
	24-Feb	25-Feb	26-Feb	27-Feb	28-Feb				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Banana, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Enr. Noodles, Pineapple, Salad, Milk	Milk, Baked Chicken, Applesauce Green Beans, Enr. Bread	Milk, Turkey & Cheese Sand. Broccoli, Pineapple, Enr Brd	Milk, Beef Hot Dogs, Enr Bun Mixed Veggies, Apples	Milk, Baked Chicken, Green Beans Apple Slices, Enr. Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				

Serve Whole Milk to Age 2 & Under. Serve 1% Milk Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits.

Psalm 95:2 Let us come before His presence with thanksgiving; Let us shout joyfully to Him with psalms Psalm 52:9 I will praise You forever, because You have done it; An in the presence of Your saints I will wait on Your name for it is good



March 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
	2-Mar	3-Mar	4-Mar	5-Mar	6-Mar	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack	Bananas, Animal Crackers	Strawberries, Yogurt	Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Hamburger, Salad	Milk, Roast Chicken, Grm. Beans	Milk, Hamburger Taco Bake	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Carrots, Pineapple, Corn Chips	Egg Noodles, Mixed Vegies	Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	9-Mar	10-Mar	11-Mar	12-Mar	13-Mar	Juice, Veggie,	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes	Milk, Ext.Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Carrots, Apples	Lunch			
PM Snack	Mozzarella Cheese,Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	16-Mar	17-Mar	18-Mar	19-Mar	20-Mar	Pasta, Rice, N	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries,Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Beef Nachos, Cheese Variety, Milk	Milk, Chicken Nuggets, Enr. Roll	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, Corn Chips	French Fries, Mixed Vegies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fru	1/2 Cu	1/2 cu	3/4 Cu
						Protein Altern	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alterna	0,5	0,5	1
	23-Mar	24-Mar	25-Mar	26-Mar	27-Mar				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Banana, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Enr. Noodles, Salad	Baked Chicken , Applesauce	Milk, Turkey & Cheese Sand.	Milk, Beef Hot Dogs, Enr Bun	Milk, Baked Chicken, Green Beans				
	Pineapple, Milk	Green Beans, Enr. Bread, Milk	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr.Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				
	Monday								
	31-Mar								
Breakfast	Milk, Bananas, Cereal								
AM Snack	Blueberries, Muffin								
Lunch	Chicken Nuggets, Tater Tots								
	Pineapple, Roll, Milk								
PM Snack	Apple Juice, Mozzarella Stick								

Psalm 140:3 Surely the righteous shall give thanks to Your name; The upright shall dwell in Your presence.

Serve Whole Milk to Age 2 & Under
 Milk Only for age 2 and above. Must be Fluid Milk
 Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12)
 Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice.
 Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits



April 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
			1-Apr	2-Apr	3-Apr	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast			Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack			Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch			Milk, Hamburger Taco Bake, Carrots	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
			Cheese,Pineapple, Corn Chips	Egg Noodles, Mixed Veggies	Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack			Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	6-Apr	7-Apr	8-Apr	9-Apr	10-Apr	Juice, Veggie,	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Homemade Beef Lasagna,	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Ex Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Lettuce, Tomato, Applesauce	Mixed Cheeses, Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr.Roll	Carrots, Apples	Lunch			
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	13-Apr	14-Apr	15-Apr	16-Apr	17-Apr	Pasta, Rice, N	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries,Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Beef Nachos, Cheese, Corn Chips	Milk, Chicken Nuggets, Enr. Brd	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, Milk	French Fries, Mixed Veggies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fru	1/2 Cu	1/2 cu	3/4 Cu
						Protein Altern	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alterna	0,5	0,5	1
	20-Apr	21-Apr	22-Apr	23-Apr	24-Apr				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Noodles, Salad	Baked Chicken, Applesauce, Milk	Milk, Turkey & Cheese Sand.	Milk, Beef Hot Dogs, Enr Bun	Milk, Baked Chicken, Green Beans				
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple, Enr. Brd	Mixed Veggies, Apples	Apple Slices, Enr. Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				
	Monday	Tuesday	Wednesday	Thursday					
	27-Apr	28-Apr	29-Apr	30-Apr					
Breakfast	Milk, Bananas, Cereal	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Pineapple, Oatmeal					
AM Snack	Blueberries, Muffin	Bananas, Animal Crackers	Strawberries, Yogurt	Milk, Apples					
Lunch	Chicken Nuggets, Tater Tots	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Fish Fillet, French Fries,					
	Pineapple, Enr.Roll, Milk	Mix Fruit, Spaghetti	Apple Sauce, Enr.Bread	Peaches,Enr. Roll					
PM Snack	Apple Juice, Mozzarella Stick	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Nachos, Cheese, Berry Juice					

Luke 15:10 "Likewise, I say to you, there is joy in the presence of the angels of God over one sinner who repents."

Serve Whole Milk to Age 2 & Under Milk Only for age 2 and above. Must be Fluid Milk
Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12)
Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice.
Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits



May 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions				
	Isaiah 63:9 In all their affliction He was afflicted and the Angel of His presence saved them; In His love and in His pity He redeemed them; and He bore them and carried them all the days of old.					1-May	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast						Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack						Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch						Milk, Fish Sticks, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
PM Snack						Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv
					Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu	
						AM Snack				
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu	
	4-May	5-May	6-May	7-May	8-May	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu	
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz	
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl	
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Extra Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu	
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges	Carrots, Apples	Lunch				
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp	
						Meat	1 Oz	1 1/2 Oz	2 Oz	
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice	
	11-May	12-May	13-May	14-May	15-May	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu	
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu	
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu	
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Beef Nachos, Cheese, Milk	Milk, Chicken Nuggets, Enr. Brd	PM Snack				
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges	French Fries, Mixed Veggies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp	
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu	
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz	
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1	
	18-May	19-May	20-May	21-May	22-May					
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar					
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar					
Lunch	Hamburger, Noodles, Salad	Baked Chicken, Applesauce, Milk	Milk, Turkey & Cheese on Enr Brd	Milk, Beef Hot Dogs, Enr Bun	Milk, Baked Chicken, Green Beans					
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr Bread					
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat					
	Monday	Tuesday	Wednesday	Thursday	Friday					
	25-May	26-May	27-May	28-May	29-May					
Breakfast	CLOSED IN OBSERVANCE	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Pineapple, Oatmeal	Milk, Bananas, Cereal					
AM Snack	OF MEMORIAL DAY	Bananas, Animal Crackers	Strawberries, Yogurt	Milk, Apples	Blueberries, Muffin					
Lunch		Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Fish Fillet, French Fries,	Chicken Nuggets, Tater Tots					
		Mix Fruit, Spaghetti	Apple Sauce, Enr Bread	Peaches, Enr Roll	Pineapple, Roll, Milk					
PM Snack		Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Nachos, Cheese, Berry Juice	Apple Juice, Mozzarella Stick					

Serve Whole Milk to Age 2 & Under. Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits.



June 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
	1-Jun	2-Jun	3-Jun	4-Jun	5-Jun	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack	Orange Slices, Crackers	Strawberries, Fruit Bar	Pineapple, Graham Crackers	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Homemade Cheese Ravioli	Beef Nachos, Cheese, Corn Chips	Milk, Chicken Nuggets, Enr. Roll	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
	Green Beans, Grapes	Lettuce, Tomato, Oranges	French Fries, Mixed Vegies, Apple	Egg Noodles, Broccoli	Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack	Milk, Granola Bar	Apple Juice, Pop Tart	Cheese, Ritz Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	8-Jun	9-Jun	10-Jun	11-Jun	12-Jun	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Cantaloupe, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Extra Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Carrots, Apples	Lunch			
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	15-Jun	16-Jun	17-Jun	18-Jun	19-Jun	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Beef Nachos, Cheese, Corn Chips	Milk, Chicken Nuggets, Enr. Roll	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges	French Fries, Mixed Vegies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1
	22-Jun	23-Jun	24-Jun	25-Jun	26-Jun				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese Sand.	Milk, Beef Hot Dogs, Enr. Bun	Milk, Baked Chicken, Green Beans				
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				
	Monday	Tuesday	Wednesday	Thursday					
	29-Jun	30-Jun	1-Jul	2-Jul					
Breakfast	Milk, Bananas, Cereal	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Pineapple, Oatmeal	Habakkuk 3:18 I will rejoice in the Lord, I will be joyful in God my Savior				
AM Snack	Blueberries, Muffin	Bananas, Animal Crackers	Strawberries, Yogurt	Milk, Apples					
Lunch	Chicken Nuggets, Tater Tots	Milk, Hamburger, Salad	Milk, Roast Chicken, Grm. Beans	Milk, Fish Fillet, French Fries,					
	Pineapple, Enr. Roll, Milk	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Peaches, Enr. Roll					
PM Snack	Apple Juice, Mozzarella Stick	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Nachos, Cheese, Berry Juice					

Serve Whole Milk to Age 2 & Under Serve 1% Milk Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit: can be served at lunch or 2 Vegetables but not 2 Fruits



July 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
			1-Jul	2-Jul	3-Jul	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast	Psalm 119:103 "How Sweet are Your Words"		Milk, French Tst, Peaches	Milk, Pineapple, Oatmeal	Milk, Oranges, Toast	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack			Strawberries, Yogurt	Milk, Apples	Oranges, Cheese Its	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch			Milk, Roast Chicken, Grn. Beans	Milk, Fish Fillet, French Fries,	Milk, Beef Hot Dogs, Enr Bun	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
			Pears, Enr.Bread	Peaches,Enr.Roll	Mixed Veggies, Apples	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack			Milk, Dry Cereal	Nachos, Cheese, Berry Juice	Orange Juice, Granola Bar	Cereal or Grain	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	6-Jul	7-Jul	8-Jul	9-Jul	10-Jul	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Extra Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Carrots, Apples	Lunch			
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	13-Jul	14-Jul	15-Jul	16-Jul	17-Jul	Pasta, Rice, Noodle	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Pears, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Beef Nachos, Cheese	Milk, Chicken Nuggets, Enr Brd	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, CornChips	French Fries, Mixed Veggies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0,5	0,5	1
	20-Jul	21-Jul	22-Jul	23-Jul	24-Jul				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Enr. Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese on Enr Brd	Milk, Beef Hot Dogs, Enr. Bun	Milk, Baked Chicken, Green Beans				
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr Bread				
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				
	Monday	Tuesday	Wednesday	Thursday	Friday				
	27-Jul	28-Jul	29-Jul	30-Jul	31-Jul				
Breakfast	Milk, Bananas, Cereal	Grapes, Fruit Bar, Milk	Milk, French Tst, Pears	Milk, Pineapple, Oatmeal	Milk, Enr. Toast, Peaches				
AM Snack	Blueberries, Muffin	Bananas, Animal Crackers	Strawberries, Yogurt	Milk, Apples	Pineapple, Fruit Bar				
Lunch	Chicken Nuggets, Tater Tots	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Fish Fillet, French Fries,	Milk, Beef Lasagna, Am. Cheese				
	Pineapple, Roll, Milk	Mix Fruit, Spaghetti	Apple Sauce, Bread	Peaches, Roll	Salad, Orange Slices				
PM Snack	Apple Juice, Mozzarella Stick	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Nachos, Cheese, Berry Juice	Milk, Vanilla Wafers				

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August 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions						
	3-Aug	4-Aug	5-Aug	6-Aug	7-Aug	Breakfast	A-1-2	A-3-5	A-6-12			
Breakfast	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Strawberries	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp			
AM Snack	Orange Slices, Crackers	Strawberries, Fruit Bar	Pineapple, Graham Crackers	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl			
Lunch	Milk, Homemade Cheese Ravioli	Milk, Beef Nachos, Cheese	Milk, Chicken Nuggets, Enr. Brd	Milk, Meatballs, Peaches	Milk, Cheeseburger, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu			
	Green Beans, Grapes	Lettuce, Tomato, Oranges, Corn Chips	French Fries, Mixed Vegies, Apple	Egg Noodles, Broccoli	Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv			
PM Snack	Milk, Granola Bar	Apple Juice, Pop Tart	Cheese, Ritz Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu			
						AM Snack						
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu			
	10-Aug	11-Aug	12-Aug	13-Aug	14-Aug	Juice, Veggie, Fruit	1/2 oz	1/2 oz	1 oz			
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Cantaloupe, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz			
AM Snack	Orange Slices, Cookie	Fresh Peaches, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl			
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Extra Cheese Pizza,	Alternates	1/4 Cu	1/4 Cu	1/2 Cu			
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr Roll	Carrots, Apples	Lunch						
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp			
						Meat	1 Oz	1 1/2 Oz	2 Oz			
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice			
	17-Aug	18-Aug	19-Aug	20-Aug	21-Aug	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu			
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu			
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu			
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Beef Nachos, Cheese	Milk, Chicken Nuggets, Enr. Roll	PM Snack						
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, Corn Chips	French Fries, Mixed Vegies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp			
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu			
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz			
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1			
	24-Aug	25-Aug	26-Aug	27-Aug	28-Aug							
Breakfast	Milk, Apples, Breakfast Bar	Milk, Strawberries, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Pineapple, Breakfast Bar							
AM Snack	Strawberries, Cheese	Peaches, Crackers	Strawberries, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar							
Lunch	Hamburger, Rice, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese on Enr Brd	Milk, Beef Hot Dogs, Enr. Un	Milk, Baked Chicken, Green Beans							
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr Bread							
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat							
	Monday	<p style="text-align: center; font-size: 1.2em; color: blue;">Psalm 95:7 "He is our God and we are the people of His pasture, The flock under His care"</p>										
	31-Aug											
Breakfast	Milk, Bananas, Cereal											
AM Snack	Blueberries, Muffin											
Lunch	Chicken Nuggets, Tater Tots											
	Pineapple, Roll, Milk											
PM Snack	Apple Juice, Mozzarella Stick											

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 Milk Only for age 2 and above. Must be Fluid Milk
 Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits



September 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
		1-Sep	2-Sep	3-Sep	4-Sep	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast		Milk, Pineapple, Oatmeal	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack		Milk, Apples	Pineapple, Trail Mix	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch		Milk, Fish Fillet, French Fries, Peaches, Enr Roll	Milk, Hamburger Taco Bake, Cheese Pineapple, Corn Chips, Carrots	Milk, Meatballs, Peaches Egg Noodles, Mixed Vegies	Milk, Fish Sticks, Tater Tots Orange Slices, Enr. Roll	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
PM Snack		Nachos, Cheese, Berry Juice	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Alternates	1/2 Sv	1/2 Sv	1 Sv
						Cereal or Grai	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	7-Sep	8-Sep	9-Sep	10-Sep	11-Sep	Juice, Veggie, Fru	1/2 Cu	1/2 cu	3/4 Cu
Breakfast		Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	CLOSED FOR LABOR DAY	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch		Milk, Beef Lasagna, Mixed Cheeses Salad, Peaches	Milk, Homemade Mac & Cheese Green Beans, Fresh Mixed Fruit	Milk, Hamburger(Sloppy Joes) Tater Tots, Oranges, Enr. Roll	Milk, Extra Cheese Pizza, Carrots, Apples	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
PM Snack		Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Lunch			
						Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep	Pasta, Rice, Noodl	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli Egg Noodles, Pineapple	Milk, Baked Chicken, Rice Cooked Frozen Peas, Peaches	Milk, Hamburger, Spaghetti Green Beans, Grapes	Milk, Beef Nachos, Cheese Lettuce, Tomato, Oranges, Crn Chips	Milk, Chicken Nuggets, Enr. Brd French Fries, Mixed Vegies, Apple	PM Snack			
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Milk	1/2 Cp	3-4 Cp	1 Cp
						Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1
	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar				
AM Snack	Apples, Cheese	Pineapple, Crackers	Peaches, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar				
Lunch	Hamburger, Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese on Enr. Brd	Milk, Beef Hot Dogs, Enr. Bun	Milk, Baked Chicken, Green Beans				
PM Snack	Milk, Apples	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr. Bread				
		Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat				
	Monday	Tuesday	Wednesday	Matthew 19:14 Jesus said, "Let the children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these."					
	28-Sep	29-Sep	30-Sep						
Breakfast	Milk, Bananas, Cereal	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches						
AM Snack	Blueberries, Muffin	Bananas, Animal Crackers	Strawberries, Yogurt						
Lunch	Chicken Nuggets, Tater Tots	Milk, Hamburger, Salad	Milk, Roast Chicken, Grm. Beans						
PM Snack	Pineapple, Enr. Roll, Milk	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread						
	Apple Juice, Mozzarella Stick	Grape Juice, Vanilla Wafers	Milk, Dry Cereal						

Serve Whole Milk to Age 2 & Under
 Milk Only for age 2 and above. Must be Fluid Milk
 Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits



October 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions										
	<p style="text-align: center; color: blue; font-size: 1.2em;">Psalm 9:2 The People Walking In Darkness Have Seen a Great Light.</p>					1-Oct	2-Oct	Breakfast	A-1-2	A 3-5	A 6-12					
Breakfast											Milk, Waffles, Grapes	Milk, Grapes, Bagel, Cr. Cheese	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack											Oranges, Cheese Its	Oranges, Wheat Thins	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch											Milk, Meatballs, Peaches	Milk, Turkey & Cheese on Enr Brd	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
											Egg Noodles, Broccoli	Corn, Grapes	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack	Milk, Saltines	Mozzarella Sticks, Apple Jce	Cereal or Grains	1/2 cu	1/3 cu						3/4 cu					
	Monday	Tuesday	Wednesday	Thursday	Friday	AM Snack										
	5-Oct	6-Oct	7-Oct	8-Oct	9-Oct	Milk	1/4 Cu	1/4 cu	1/2 Cu							
Breakfast	Milk, Apples, Breakfast Bar	Milk, French Tst, Peaches	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu							
AM Snack	Bananas, Animal Crackers	Strawberries, Yogurt	Pineapple, Trail Mix	Oranges, Cheese Its	Grapes, Graham Crackers	Yogurt	1/2 oz	1/2 oz	1 oz							
Lunch	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Taco Bake, Carrots	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Bread	1/2 Sl	1/2 Sl	1 Sl							
	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Pineapple, Corn Chips, Cheese	Egg Noodles, Mixed Vegies	Orange Slices, Enr. Roll	Alternates	1/4 Cu	1/4 Cu	1/2 Cu							
PM Snack	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Lunch										
						Milk	1/2 Cp	3-4 Cp	1 Cp							
	Monday	Tuesday	Wednesday	Thursday	Friday	Meat	1 Oz	1 1/2 Oz	2 Oz							
	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	Bread	1/2 Sl	1/2 Sl	1 Slice							
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu							
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Apple Slices, Yogurt	Veggie	1/4 Cu	1/2 Cu	3/4 Cu							
Lunch	Milk, Chicken Strips, Enr. Bread	Milk, Beef Bologna, Am. Cheese	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes	Milk, Extra Cheese Pizza,	Fruit	1/4 Cu	1/2 Cu	3/4 Cu							
	Green Beans, Applesauce	Enr. Bread, Corn, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Apples, Broccoli	PM Snack										
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp							
						Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu							
	Monday	Tuesday	Wednesday	Thursday	Friday	Protein Alternate	1/2 Cu	1/2 cu	1 Oz							
	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	Bread Alternate	0.5	0.5	1							
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	<p style="font-size: 0.8em; text-align: center;">Serve Whole Milk to Age 2 & Under Serve 1% Milk Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits</p>										
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers											
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Turkey Slices	Milk, Chicken Nuggets, Oranges											
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Cooked Carrots, Applesauce	French Fries, Mixed Vegies, Enr. Brd											
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers											
	Monday	Tuesday	Wednesday	Thursday	Friday											
	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct											
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal	Milk, Oranges, Toast	Milk, Applesauce, Breakfast Bar											
AM Snack	Apples, Cheese	Pineapple, Crackers	Peaches, Graham Crackers	Oranges, Cheese Its	Applesauce, Granola Bar											
Lunch	Hamburger, Enr. Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Turkey & Cheese on Enr Brd	Milk, Beef Hot Dogs, Enr. Bun	Milk, Baked Chicken, Green Beans											
	Pineapple, Milk	Green Beans, Enr. Bread	Broccoli, Pineapple	Mixed Veggies, Apples	Apple Slices, Enr. Bread											
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers	Orange Juice, Granola Bar	Orange Juice, Rice Krispie Treat											



November 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
	2-Nov	3-Nov	4-Nov	5-Nov	6-Nov	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack	Bananas, Animal Crackers	Strawberries, Yogurt	Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Hamburger Taco Bake, Cheese	Milk, Meatballs, Peaches	Milk, Fish Sticks, Tater Tots	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Pineapple, Carrots, Corn Chips	Egg Noodles, Mixed Veggies	Orange Slices, Enr. Roll	Alternates	1/2 Sv	1/2 Sv	1 Sv
PM Snack	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	9-Nov	10-Nov	11-Nov	12-Nov	13-Nov	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Cereal	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Orange Slices, Cookie	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Chicken Fajita, Soft Taco	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Turkey & Cheese on Enr Brd	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Lettuce, Tomato, Applesauce	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Broccoli, Pineapple	Lunch			
PM Snack	Mozzarella Cheese, Ritz Crkrs	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	16-Nov	17-Nov	18-Nov	19-Nov	20-Nov	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Beef Nachos, Cheese	Milk, Chicken Nuggets, Enr Brd	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, Crn Chips	French Fries, Mixed Veggies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1
	23-Nov	24-Nov	25-Nov	26-Nov	27-Nov				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal						
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Graham Crackers	CLOSED FOR THANKSGIVING	CLOSED FOR THANKSGIVING				
Lunch	Hamburger, Noodles, Salad	Milk, Turkey, Potatoes, Applesauce	Milk, Extra Cheese Pizza, Apples, Carrots						
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers						
	Monday	<p style="text-align: center; font-size: 2em; color: blue;">Deuteronomy 8:10 Praise the Lord your God for the good land He has given you.</p>							
	30-Nov								
Breakfast	Milk, Bananas, Cereal								
AM Snack	Blueberries, Muffin								
Lunch	Chicken Nuggets, Tater Tots								
	Pineapple, Enr. Roll, Milk								
PM Snack	Apple Juice, Mozzarella Stick								

Serve Whole Milk to Age 2 & Under. Serve 1% Milk Only for age 2 and above. Must be Fluid Milk Crackers & Cookies pieces to serve each age group. Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread, Muffins, Crackers, Flour, Etc can be served. Juice must be 100% Juice. Vegetable & Fruit can be served at lunch or 2 Vegetables but not 2 Fruits



December 2015 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Serving Ages Group & Portions			
	Monday	Tuesday	Wednesday	Thursday	Friday	Breakfast	A-1-2	A 3-5	A 6-12
Breakfast		Milk, Pineapple, Oatmeal	Milk, Oranges, Eng. Muffin	Milk, Waffles, Grapes	Milk, Bananas, Pop Tart	Milk	1/2 Cp	3-4 Cp	1 Cp
AM Snack		Milk, Apples	Pineapple, Trail Mis	Oranges, Cheese Its	Grapes, Graham Crackers	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch		Milk, Chicken Nuggets, French Fries, Peaches, Enr Roll	Milk, Hamburger Taco Bake, Cheese Carrots, Pineapple, Crn Chips	Milk, Meatballs, Peaches Egg Noodles, Mixed Vegies	Milk, Fish Sticks, Tater Tots Orange Slices, Enr. Roll	Fruit / Veg	1/4 Cu	1/2 Cu	1/2 Cu
PM Snack		Nachos, Cheese, Berry Juice	Yogurt, Grm Crackers	Milk, Saltines	Rice Krispie Treat, Milk	Cereal or Grains	1/2 cu	1/3 cu	3/4 cu
						AM Snack			
	Monday	Tuesday	Wednesday	Thursday	Friday	Milk	1/4 Cu	1/4 cu	1/2 Cu
	7-Dec	8-Dec	9-Dec	10-Dec	11-Dec	Juice, Veggie, Fruit	1/2 Cu	1/2 cu	3/4 Cu
Breakfast	Milk, Apples, Breakfast Bar	Milk, Enr. Toast, Peaches	Milk, Bananas, Breakfast Bar	Milk, Grapes, Cereal	Milk, Waffle, Bananas	Yogurt	1/2 oz	1/2 oz	1 oz
AM Snack	Bananas, Animal Crackers	Pineapple, Fruit Bar	Grapes, Wheat Thins	Bananas, Oatmeal Cookie	Strawberries, Yogurt	Bread	1/2 Sl	1/2 Sl	1 Sl
Lunch	Milk, Baked Chicken, Salad	Milk, Beef Lasagna, Mixed Cheeses	Milk, Homemade Mac & Cheese	Milk, Hamburger(Sloppy Joes)	Milk, Chicken Nuggets, Enr. Brd	Alternates	1/4 Cu	1/4 Cu	1/2 Cu
	Mix Fruit, Egg Noodles	Salad, Peaches	Green Beans, Fresh Mixed Fruit	Tater Tots, Oranges, Enr. Roll	Apples, Carrots	Lunch			
PM Snack	Grape Juice, Vanilla Wafers	Milk, Vanilla Wafers	Milk, Bananas	Apple Juice, Saltines	Mixed Berry Juice, Cookie	Milk	1/2 Cp	3-4 Cp	1 Cp
						Meat	1 Oz	1 1/2 Oz	2 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread	1/2 Sl	1/2 Sl	1 Slice
	14-Dec	15-Dec	16-Dec	17-Dec	18-Dec	Pasta, Rice, Noodles	1/4 Cu	1/4 Cu	1/2 Cu
Breakfast	Milk, Pineapple, Muffin	Milk, Applesauce, Dry Cereal	Milk, Toast, Oranges	Milk, Apples, Cereal	Milk, Cheese Toast, Banana	Veggie	1/4 Cu	1/2 Cu	3/4 Cu
AM Snack	Strawberries, Milk	Apples, Yogurt	Orange Slices, Crackers	Grapes, Fruit Bar	Pineapple, Graham Crackers	Fruit	1/4 Cu	1/2 Cu	3/4 Cu
Lunch	Milk, Beef Meatballs, Broccoli	Milk, Baked Chicken, Rice	Milk, Hamburger, Spaghetti	Milk, Beef Nachos, Cheese	Milk, Chicken Nuggets, Enr. Roll	PM Snack			
	Egg Noodles, Pineapple	Cooked Frozen Peas, Peaches	Green Beans, Grapes	Lettuce, Tomato, Oranges, Corn Chips	French Fries, Mixed Vegies, Apple	Milk	1/2 Cp	3-4 Cp	1 Cp
PM Snack	Milk, Muffin	Grape Juice, Saltines	Milk, Granola Bar	Apple Juice, Rice Krispie Treat	Cheese, Ritz Crackers	Veggie or Fruit	1/2 Cu	1/2 cu	3/4 Cu
						Protein Alternate	1/2 Cu	1/2 cu	1 Oz
	Monday	Tuesday	Wednesday	Thursday	Friday	Bread Alternate	0.5	0.5	1
	21-Dec	22-Dec	23-Dec	24-Dec	25-Dec				
Breakfast	Milk, Apples, Breakfast Bar	Milk, Pineapple, Cereal	Milk, Bananas, Cereal						
AM Snack	Apples, Cheese	Pineapple, Crackers	Strawberries, Christmas Cookie	Closed for Christmas	Closed For Christmas				
Lunch	Hamburger, Noodles, Salad	Milk, Baked Chicken, Applesauce	Milk, Extra Cheese Pizza,						
	Pineapple, Milk	Green Beans, Enr. Bread	Carrots, Apples						
PM Snack	Milk, Apples	Grape Juice, Crackers	Apple Juice, Graham Crackers						
	Monday	Tuesday	Wednesday	Thursday					
	28-Dec	29-Dec	30-Dec	31-Dec					
Breakfast	Milk, Bananas, Cereal	Grapes, Fruit Bar, Milk	Milk, French Tst, Peaches	Milk, Pineapple, Oatmeal					
AM Snack	Blueberries, Muffin	Bananas, Animal Crackers	Strawberries, Yogurt	Milk, Apples					
Lunch	Chicken Nuggets, Tater Tots	Milk, Hamburger, Salad	Milk, Roast Chicken, Grn. Beans	Milk, Meatballs, Egg Noodles					
	Pineapple, Roll, Milk	Mix Fruit, Spaghetti	Apple Sauce, Enr. Bread	Peaches, Broccoli					
PM Snack	Apple Juice, Mozzarella Stick	Grape Juice, Vanilla Wafers	Milk, Dry Cereal	Nachos, Cheese, Berry Juice					

Luke 19:38 Peace In Heaven
And Glory In The Highest

Serve Whole Milk to Age 2 & Under
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Crackers & Cookies pieces to serve each age group.
Exp: Vanilla Wafers (5 pieces age 1-2, 5 pieces age 3-5, 9 pieces age 6-12) Only Enriched Bread,
Muffins, Crackers, Flour, Etc can be served.
Juice must be 100% Juice. Vegetable & Fruit
can be served at lunch or 2 Vegetables but not 2 Fruits